# Intergroup Association of Fairfield County

## LOOKING FOR A MEETING? WE CAN HELP!

Whether you're looking to attend a meeting virtually or in person, the intergroup website has a regularly updated list for you to refer to. The information posted has been provided by the groups themselves. Go to

There are also many virtual meetings listed on the webpage including direct links! Below is a list of groups holding in person meetings. For the full details please go to:

## iafc-aa.org/meetings

If your group would like to add/update the information posted, there is a contact form located at the bottom of the webpage. iafc-aa.org/meetings

It must never be forgotten that the purpose of Alcoholics Anonymous is to sober up alcoholics. — Bill W.

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	Beginners	Trumbull	Wed, 7:15PM
Q	Big Book Lunch Bunch Group	Westport	Mon, 12PM
	Cellar Dwellers	Trumbull	Wed, 7:15PM
	Common Solution	Norwalk	Sun, 1 - 2PM
	Mid Week Miracles Meeting	Westport	Wed, 8:30PM
	New Life	Wilton	Mon, 7:30PM Wed, 7:30PM Fri, 8PM
	Old Enough	Stamford	Sun, 4 - 5:15PM
Q	Re-Al Club	Stamford	Mon - Sat, 12PM Sun, 2PM
)	St. Luke's Wednesday Discussion	Westport	Wed, 12 - 1PM
	Touchstone	Westport	Tues, 7PM Fri, 7PM Sat, 5PM
	Friday Luncheon Group	Westport	Fri, 12 - 1PM
	Tuesday Luncheon Group	Westport	Tue, 12 - 1PM

#### February 2021





### Recovery Unlimited Group of Alcoholics Anonymous

#### 42nd Annual Anniversary

Modem to Modem or Face to Face, 42 Years and Living in Grace!



Saturday, February 20th 6:30 - 9pm

Speakers from each decade of Recovery Unlimited's tenure including the 70's, 80's, 90's, 2000's, 2010's, and 2020's

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ZOOM Info: https://zoom.us/i/3594777844 Or call in: 19292056099 Meeting ID: 359 477 7844# Contact: RUanniversary@gmail.com

#### PHONE ORIENTATION

will be via Zoom. It will be held the 3rd Monday of the month, with two sessions at 7 PM and 8:30 PM. Orientation takes about 45 minutes. The next session will be:

# Monday, February 21st @ 7PM and 8:30PM

If you are interested in being of service please send us an email or an inquiry via the contact form on the website.

#### CHAIRPERSON position is open!

Better yet, join us at our next virtual board meeting!

#### FAIRFIELD COUNTY SPEAKER EXCHANGE

will be

#### Wednesday, May 5th @ 8PM

For details, contact us via the contact form on the website, ask your group's intergroup representative or email speakerexchange@iafc-aa.org

#### **BOARD MEETING**

Wednesday, March 3rd @ 8:15PM Meeting ID: 820 6658 6953

#### **REP MEETING**

Wednesday, March 3rd @ 7:30PM

Meeting ID: 820 6658 6953

#### Intergroup Association of Fairfield County

Answering Service Office 83 East Avenue Norwalk, CT 06851 Suite 211

IAFC Mailing Address IAFC PO BOX 1605 Darien, CT 06820

Helpline #1: (203) 855-0075 Helpline #2: (877) 855-0075

## Before heading to the office for your phone shift, please review our COVID-19 Guidelines on

iafc-aa.org/reopening-iafc-office

Please note, these parameters come from the information and guidelines of: our landlord at 83 East Ave, CDC, CT Governor's office, CT DECD

# iafc-aa.org

## **JANUARY** Phone Shift Report

Group	%	Assigned	# Covered	
Sober Sisters	33	9	3	
New Life	7	14	1	Shout out to Steps
Common Solution	0	23	0	to Recovery for
Recovery Unlimited	5	22	1	covering both of their shifts (new to hotline service!) and to Early Bird for MOST IMPROVED
Early Bird	33	12	4	
Sober Sunrise	0	8	0	
Touchstone	17	12	2	:)
Alive Again	0	10	0	 With gratitude,
Steps to Recovery	100	2	2	IAFC & IAFC
Club 12	0	5	0	Schedules Chair
SBG	25	1	4	
TOTAL	12	123	15	

## More ways to get involved...

#### **JOIN**:

All AA groups in Districts 5 & 6 are wel- Your group doesn't have to join Intergroup come to get involved with IAFC. Elect a to support the services it provides. Send Rep. from your group or send a group donations to P.O Box 1605 Darien, CT. member to the open Intergroup Rep Meet- There are guidelines on what to give Ining held on the first Wednesday of the tergroup from both Area & in the Treasurmonth at 7:30PM

Meeting ID: 820 6658 6953

#### Answer Phones:

Ask your Rep how to sign-up for a phone This is a vital service shift. You must have 90 days in order to gives groups & indivianswer phones. Orientation is also re- to do 12th step work. quired.

#### DONATE:

Your group doesn't have to join Intergroup to support the services it provides. Send donations to P.O Box 1605 Darien, CT. There are guidelines on what to give Intergroup from both Area & in the Treasurer's kit. IAFC Treasurer reports available upon request. We maintain a secure office that houses the AA hotline for Districts 5 & 6, including an answering service to take calls when there aren't alcoholics there. This is a vital service to our Districts, & gives groups & individuals the opportunity to do 12th step work.