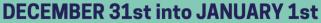
iafc newsletter

Recovery Unlimited Group of Alcoholics Anonymous

NEW YEARS VIRTUAL ALKATHON 2021



11 PM - 6 PM

Meetings Every Hour on The Hour

ZOOM ID# 359 477 7844

Contact: rualkathon@gmail.com

Intergroup Association of Fairfield County

December 2020

Page 2 IAFC NEWSLTTER December 2020

Dear AA's,

Prior to opening, the IAFC office has undergone a deep cleaning and sanitizing service. IAFC has, and will continue to, finance a cleaning service to clean the office space on a weekly basis. IAFC will provide facemasks and sanitation materials for phone service volunteers. However, due to the limited supply of products we encourage volunteers to bring their own masks and protective materials. COVID 19 Prevention Guidelines for phone service volunteers will be posted within the office, on iafc-aa.org and provided to groups. Please do not hesitate to reach out to board@iafc-aa.org with any questions or concerns. Thank you!

Please note, these parameters come from the information and guidelines of: our landlord at 83 East Ave, CDC, CT Governor's office, CT DECD

DECEMBER CELEBRANTS

TOUCHSTONE

Marisa B 1 year Pete B 3 years

Alastair B 6 years Lans B 6 years

Sara B 17 years

Duke H 26 years Walter R 35 years

COMMON SOLUTION

John P 1 year Luke F 1 year

David L 1 year Elena B 3 years

Tracy M 4 years Deborah L 21 years

Deporan L 21 years Todd K34 years

STEPS TO RECOVERY

George G 2 years

COVID-19 Prevention Guidelines:

- * We ask that those who are immunocompromised (asthmatic, diabetic or has respiratory issues) or are aged 65 or older please avoid the office at this time (should you wish to be of service to IAFC please consider adding your name to our 12th step call list, which can be accessed via our website at iafc-aa.org).
- * If you are not feeling well, please do not show up to an IAFC phone shift.
- * Facemasks must be worn at all times while serving a phone shift.
- * All surface areas that one comes into contact within the office need to be wiped down with sanitation wipes provided (including pens, TV, remote and doorknob).
- Only one volunteer will be allowed in the office at a time.
- * We ask that volunteers arrive at the scheduled shift time and leave promptly at the end of each shift. Should volunteers' presence overlap, please abide by the 6 ft. social distancing requirement (office floor tape will suggest such distancing).
- IAFC board members may visit the office to conduct IAFC business in which case the 6 ft. social distancing requirement must be upheld.
- Eating or drinking is prohibited in the office at this point in time.
- * The kitchen will be closed off and unavailable for use until further notice.

IAFC NEWSLTTER December 2020 Page 3

Intergroup Association of Fairfield County

Answering Service Office 83 East Avenue Norwalk, CT 06851 Suite 211

IAFC Mailing Address IAFC PO BOX 1605 Darien, CT 06820

Helpline #1: (203) 855-8075 Helpline #2: (877) 855-0075

Serving districts 5 & 6

The next

INTERGROUP PHONE ORIENTATION

will be via Zoom. It will be held the 3rd
Monday of the month, with two sessions at 7 PM and 8:30 PM. Orientation
takes about 45 minutes. The next session will be:

Monday, December 21st @ 7PM and 8:30PM



FAIRFIELD COUNTY SPEAKER EXCHANGE WILL

be Wednesday, February 3rd @ 8PM

*ask your reps for details *

"Modem-to-modem or face-to-face,
AA's speak the language of the heart in all its power and simplicity."

íafc-aa.org



There are several...

...OPEN POSITIONS...

...on the Intergroup Board!

Chairperson
Corrections & Treatment
Public Information
Anniversary Club

If you are interested in being of service please send us an email, a question via the contact form on the website, or better yet join us at our next virtual board meeting!

IAFC Board Meeting: Wednesday, January 6th @ 8:15PM Meeting ID: 820 6658 6953

NOVEMBER PHONE SHIFT REPORT

Group	%	Assigned	# Covered
Sober Sisters	89	9	8
New Life	0	14	0
Common Solution	0	22	0
Recovery Unlimited	0	23	0
Early Bird	8	12	1
Sober Sunrise	0	8	0
Touchstone	0	12	0
Alive Again	0	8	0
Club 12	0	4	0

More ways to get involved...

Јоіи:

to get involved with IAFC. Elect a Rep. from to support the services it provides. Send doyour group or send a group member to the nations to P.O Box 1605 Darien, Ct. There open Intergroup Rep Meeting held on the are guidelines on what to give Intergroup first Wednesday of the month at 7:30PM

Meeting ID: 820 6658 6953

ANSWER PHONES:

swer phones. Orientation is also required.

DOMATE:

All AA groups in Districts 5 & 6 are welcome Your group doesn't have to join Intergroup from both Area & in the Treasurer's kit. IAFC Treasurer reports available upon request. We maintain a secure office that houses the AA botline for Districts 5 & 6, including an answering service to take calls when there Ask your Rep how to sign-up for a phone aren't alcoholics there. This is a vital service shift. You must have go days in order to an- to our Districts, & gives groups & individuals the opportunity to do 12th step work.