

# *iafc newsletter*

## **Recovery Unlimited Group of Alcoholics Anonymous**

# **NEW YEARS VIRTUAL ALKATHON 2021**



**DECEMBER 31st into JANUARY 1st**

11 PM - 6 PM

Meetings Every Hour on The Hour

**ZOOM ID# 359 477 7844**

Contact: [rualkathon@gmail.com](mailto:rualkathon@gmail.com)

Intergroup Association of Fairfield County

December 2020

Dear AA's,  
Prior to opening, the IAFC office has undergone a deep cleaning and sanitizing service. IAFC has, and will continue to, finance a cleaning service to clean the office space on a weekly basis. IAFC will provide facemasks and sanitation materials for phone service volunteers. However, due to the limited supply of products we encourage volunteers to bring their own masks and protective materials. COVID 19 Prevention Guidelines for phone service volunteers will be posted within the office, on [iafc-aa.org](http://iafc-aa.org) and provided to groups. Please do not hesitate to reach out to [board@iafc-aa.org](mailto:board@iafc-aa.org) with any questions or concerns. Thank you!

**Please note, these parameters come from the information and guidelines of: our landlord at 83 East Ave, CDC, CT Governor's office, CT DECD**

## **DECEMBER CELEBRANTS**

### **TOUCHSTONE**

Marisa B 1 year  
Pete B 3 years  
Alastair B 6 years  
Lans B 6 years  
Sara B 17 years  
Duke H 26 years  
Walter R 35 years

### **COMMON SOLUTION**

John P 1 year  
Luke F 1 year  
David L 1 year  
Elena B 3 years  
Tracy M 4 years  
Deborah L 21 years  
Todd K 34 years

### **STEPS TO RECOVERY**

George G 2 years

## **COVID-19 Prevention Guidelines:**

- \* We ask that those who are immunocompromised (asthmatic, diabetic or has respiratory issues) or are aged 65 or older please avoid the office at this time (should you wish to be of service to IAFC please consider adding your name to our 12th step call list, which can be accessed via our website at [iafc-aa.org](http://iafc-aa.org)).
- \* If you are not feeling well, please do not show up to an IAFC phone shift.
- \* Facemasks must be worn at all times while serving a phone shift.
- \* All surface areas that one comes into contact within the office need to be wiped down with sanitation wipes provided (including pens, TV, remote and doorknob).
- \* Only one volunteer will be allowed in the office at a time.
- \* We ask that volunteers arrive at the scheduled shift time and leave promptly at the end of each shift. Should volunteers' presence overlap, please abide by the 6 ft. social distancing requirement (office floor tape will suggest such distancing).
- \* IAFC board members may visit the office to conduct IAFC business in which case the 6 ft. social distancing requirement must be upheld.
- \* Eating or drinking is prohibited in the office at this point in time.
- \* The kitchen will be closed off and unavailable for use until further notice.

## Intergroup Association of Fairfield County

**Answering Service Office**  
**83 East Avenue**  
**Norwalk, CT 06851**  
**Suite 211**

**IAFC Mailing Address**  
**IAFC PO BOX 1605**  
**Darien, CT 06820**

**Helpline #1: (203) 855-8075**  
**Helpline #2: (877) 855-0075**

Serving districts 5 & 6

The next

### INTERGROUP PHONE ORIENTATION

will be via Zoom. It will be held the 3rd Monday of the month, with two sessions at 7 PM and 8:30 PM. Orientation takes about 45 minutes. The next session will be:

**Monday, December 21st @ 7PM and 8:30PM**

**FAIRFIELD COUNTY SPEAKER EXCHANGE** will be **Wednesday, February 3rd @ 8PM**

*\*ask your reps for details \**

“Modern-to-modern or face-to-face, AA’s speak the language of the heart in all its power and simplicity.”

[iafc-aa.org](http://iafc-aa.org)



*There are several...*

***...OPEN POSITIONS...***

*...on the Intergroup Board!*

***Chairperson***  
***Corrections & Treatment***  
***Public Information***  
***Anniversary Club***

*If you are interested in being of service please send us an email, a question via the contact form on the website, or better yet join us at our next virtual board meeting!*

***IAFC Board Meeting: Wednesday, January 6th @ 8:15PM***  
***Meeting ID: 820 6658 6953***

# NOVEMBER PHONE SHIFT REPORT

Group	%	Assigned	# Covered
Sober Sisters	89	9	8
New Life	0	14	0
Common Solution	0	22	0
Recovery Unlimited	0	23	0
Early Bird	8	12	1
Sober Sunrise	0	8	0
Touchstone	0	12	0
Alive Again	0	8	0
Club 12	0	4	0

## More ways to get involved...

### JOIN:

All AA groups in Districts 5 & 6 are welcome to get involved with IAFC. Elect a Rep. from your group or send a group member to the open Intergroup Rep Meeting held on the first Wednesday of the month at 7:30PM.

Meeting ID: 820 6658 6953

### DONATE:

Your group doesn't have to join Intergroup to support the services it provides. Send donations to P.O. Box 1605 Darien, CT. There are guidelines on what to give. Intergroup from both Area & in the Treasurer's kit. IAFC Treasurer reports available upon request. We maintain a secure office that houses the AA hotline for Districts 5 & 6, including an answering service to take calls when there aren't alcoholics there. This is a vital service to our Districts, & gives groups & individuals the opportunity to do 12th step work.

### ANSWER PHONES:

Ask your Rep how to sign-up for a phone shift. You must have 90 days in order to answer phones. Orientation is also required.