

Intergroup Association of Fairfield County

# iafc newsletter

November 2020

Intergroup Association of Fairfield County

## Thanksgiving alkathon

2020 VIRTUAL EDITION

Wednesday, November 25<sup>th</sup> @ 6pm—Thursday, November 26<sup>th</sup> @ 4pm

Zoom ID: 820 6658 6953

### Meeting Schedule:

06:00 pm	Touchstone
07:30 pm	SBG
09:00 pm	Old Enough
10:30 pm	Recovery Unlimited
12:00 am	TBD
01:30 am	Common Solution
03:00 am	TBD
04:30 am	TBD
06:00 am	TBD
07:30 am	TBD
09:00 am	New Life
10:30 am	Steps to Recovery
12:00 pm	Back to Basics
01:30 pm	TBD
03:00 pm	TBD

If you are interested in filling a meeting slot, please email Heidi G at [fellowship@iafc-aa.org](mailto:fellowship@iafc-aa.org)

Dear AA's,

Prior to opening, the IAFC office has undergone a deep cleaning and sanitizing service. IAFC has, and will continue to, finance a cleaning service to clean the office space on a weekly basis. IAFC will provide facemasks and sanitation materials for phone service volunteers. However, due to the limited supply of products we encourage volunteers to bring their own masks and protective materials. COVID 19 Prevention Guidelines for phone service volunteers will be posted within the office, on [iafc-aa.org](http://iafc-aa.org) and provided to groups. Please do not hesitate to reach out to [board@iafc-aa.org](mailto:board@iafc-aa.org) with any questions or concerns. Thank you!

**Please note, these parameters come from the information and guidelines of: our landlord at 83 East Ave, CDC, CT Governor's office, CT DECD**

### COVID-19 Prevention Guidelines:

- \* We ask that those who are immunocompromised (asthmatic, diabetic or has respiratory issues) or are aged 65 or older please avoid the office at this time (should you wish to be of service to IAFC please consider adding your name to our 12th step call list, which can be accessed via our website at [iafc-aa.org](http://iafc-aa.org)).
- \* If you are not feeling well, please do not show up to an IAFC phone shift.
- \* Facemasks must be worn at all times while serving a phone shift.
- \* All surface areas that one comes into contact within the office need to be wiped down with sanitation wipes provided (including pens, TV, remote and doorknob).
- \* Only one volunteer will be allowed in the office at a time.
- \* We ask that volunteers arrive at the scheduled shift time and leave promptly at the end of each shift. Should volunteers' presence overlap, please abide by the 6 ft. social distancing requirement (office floor tape will suggest such distancing).
- \* IAFC board members may visit the office to conduct IAFC business in which case the 6 ft. social distancing requirement must be upheld.
- \* Eating or drinking is prohibited in the office at this point in time.
- \* The kitchen will be closed off and unavailable for use until further notice.

## NOVEMBER CELEBRANTS

### Common Solution

Luke M	1 year
Rachel P	4 years
Greg H	39 years

### Touchstone

Tricia L	2 years
Mark W	35 years



## Intergroup Association of Fairfield County

**Answering Service Office**  
**83 East Avenue**  
**Norwalk, CT 06851**  
**Suite 211**

**IAFC Mailing Address**  
**IAFC PO BOX 1605**  
**Darien, CT 06820**

**Helpline #1: (203) 855-0075**  
**Helpline #2: (877) 855-0075**

Serving districts 5 & 6



The next  
**INTERGROUP PHONE ORIENTATION**  
will be via Zoom. It will be held the 3rd  
Monday of the month, with two ses-  
sions at 7 PM and 8:30 PM. Orientation  
takes about 45 minutes. The next ses-  
sion will be:  
**Monday, November 16th @ 7PM and  
8:30PM**

**FAIRFIELD COUNTY SPEAKER EXCHANGE** will  
be **Wednesday, February 3rd @ 8PM**  
\*ask your reps for details \*

“Modem-to-  
modem or  
face-to-face,  
AA’s speak  
the  
language of  
the heart in  
all its power  
and  
simplicity.”

[iafc-aa.org](http://iafc-aa.org)



*There are several...*

***...OPEN POSITIONS...***

***...on the Intergroup Board!***


***Chairperson***  
***Corrections & Treatment***  
***Public Information***  
***Anniversary Club***

***If you are interested in being of service  
please send us an email, a question via  
the contact form on the website, or better  
yet join us at our next virtual board  
meeting!***

***IAFC Board Meeting: Wednesday, Decem-  
ber 2nd @ 8:15PM***  
***Meeting ID: 820 6658 6953***



## OCTOBER PHONE SHIFT REPORT



Group	%	Assigned	# Covered
Sober Sisters	31	13	4
New Life	14	14	2
Common Solution	4	24	1
Recovery Unlimited	13	23	3
Early Bird	23	13	3
Sober Sunrise	0	7	0
Touchstone	15	13	2
Alive Again	0	9	0
Club 12	0	4	0

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### More ways to get involved...

#### JOIN:

All AA groups in Districts 5 & 6 are welcome to get involved with IAFC. Elect a Rep. from your group or send a group member to the open Intergroup Rep Meeting held:

Wednesday, December 2nd @ 7:30PM  
Meeting ID: 820 6658 6953

#### ANSWER PHONES:

Ask your Rep how to sign-up for a phone shift. You must have 90 days in order to answer phones. Orientation is also required.

#### DONATE:

Your group doesn't have to join Intergroup to support the services it provides. Send donations to P.O. Box 1605 Darien, CT. There are guidelines on what to give Intergroup from both Area & in the Treasurer's kit. IAFC Treasurer reports available upon request. We maintain a secure office that houses the AA hotline for Districts 5 & 6, including an answering service to take calls when there aren't alcoholics there. This is a vital service to our Districts, & gives groups & individuals the opportunity to do 12th step work.